

Rialto Unified School District

Apr 1, 2025 thru Apr 4, 2025

Base Menu Spreadsheet

PRE-K BIC # 2

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 04/01/2025																
PRE-K BIC # 2	Total	300														
Snack'n Waffles, Blueberry	pkg	300	250	20	280	3.00	1.08	20.0	95	0.0	19	5.0	42.0	7.0	3.00	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	1	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	299	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			401	35	431	3.41	1.21	376.4	641	1.84	40 40.4%	14.29 14.3%	63.89 63.8%	9.66 21.7%	4.55 10.2%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Wed - 04/02/2025																
PRE-K BIC # 2	Total	300														
Sndwich Chx & Sausage 2020	serving	300	159	26	312	1.40	1.10	110.0	110	0.0	2	9.7	16.0	6.4	2.60	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	1	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	299	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			318	41	462	3.33	1.10	460.0	644	0.00	23 28.4%	18.70 23.6%	39.64 49.9%	8.90 25.2%	4.10 11.6%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Thu - 04/03/2025																
PRE-K BIC # 2	Total	300														
CEREAL,MULTI-GRAIN CHEER. IOS'24	Bowl (28 Grams)	300	110	0	105	2.00	12.60	100.0	300	3.6	6	2.0	23.0	1.0	0.00	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	1	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	299	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat' (g)
Weighted Daily Average % of Calories			264	15	255	4.00	12.78	460.0	850	127.20	26 39.4%	11.00 16.7%	45.00 68.2%	3.50 11.9%	1.50 5.1%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Fri - 04/04/2025																
PRE-K BIC # 2	Total	300														
Yogurt,Straww/crack-DW '24PSBK	SERVING	300	290	5	245	2.00	2.00	585.0	30	0.0	35	7.0	59.0	3.0	0.50	0.00
Orange juice, DW, 4oz.2024	1 EACH	1	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
Orange juice, DW, 4oz.2024	1 EACH	299	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
MILK,1% DW 2024	1 EACH	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			465	20	409	2.00	2.00	945.0	630	30.00	63 54.2%	17.00 14.6%	87.00 74.8%	5.50 10.6%	2.00 3.9%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Weighted Average			362	28	389	3.19	4.27	560.4	691	39.76	38 94.5%	15.25 16.9%	58.88 65.1%	6.89 17.1%	3.04 7.6%	0.00 0.0%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	362		350 - 500	100%				
Cholesterol (mg)	28							
Sodium 1 (mg)	389		540	72%				
Fiber (g)	3.19							
Iron (mg)	4.27							
Calcium (mg)	560.4							
Vitamin A (IU)	691							
Sugars (g)	38	42.01%						
Vitamin C (mg)	39.76							
Protein (g)	15.25	16.85%						
Carbohydrate (g)	58.88	65.09%						
Total Fat (g)	6.89	17.14%	<=30.00%					
Saturated Fat (g)	3.04	7.55%	<10.00%					
Trans Fat' (g)	0.00	0.00%						

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Rialto Unified School District

Apr 7, 2025 thru Apr 11, 2025

Base Menu Spreadsheet

PRE-K BIC # 2

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 04/07/2025																
PRE-K BIC # 2	Total	300														
Muffins, Choc.-20th Cent '24	1 ea	300	230	60	370	3.00	1.00	21.4	0	0.0	17	5.0	34.0	8.0	2.00	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	1	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	299	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			460	75	520	6.00	1.00	371.4	620	0.00	55 47.8%	14.00 12.2%	76.00 66.1%	10.50 20.5%	3.50 6.8%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Tue - 04/08/2025																
PRE-K BIC # 2	Total	300														
Snack'n Waffles, Cinnamon	pkg	300	250	44	290	2.00	1.44	30.0	75	0.0	15	6.0	37.0	9.0	4.00	0.00
Juice, apple 4oz. DW-2024	1 EACH	1	55	0	15	0.00	0.00	0.0	0	30.0	15	0.0	15.0	0.0	0.00	0.00
Juice, apple 4oz. DW-2024	1 EACH	299	55	0	15	0.00	0.00	0.0	0	30.0	15	0.0	15.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			425	59	455	2.00	1.44	380.0	575	30.00	44 41.4%	15.00 14.1%	66.00 62.1%	11.50 24.4%	5.50 11.6%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Wed - 04/09/2025																
PRE-K BIC # 2	Total	300														
CEREAL,MULTI-GRAIN CHEER IOS'24	Bowl (28 Grams)	300	110	0	105	2.00	12.60	100.0	300	3.6	6	2.0	23.0	1.0	0.00	0.00
BANANAS	1 EACH	1	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
BANANAS	1 EACH	299	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			320	15	256	4.63	12.86	455.1	865	12.39	32 40.5%	12.10 15.1%	60.07 75.1%	3.83 10.8%	1.61 4.5%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

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Rialto Unified School District

Apr 7, 2025 thru Apr 11, 2025

Base Menu Spreadsheet

PRE-K BIC # 2

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 04/10/2025																
PRE-K BIC # 2	Total	300														
Pancakes, Confetti Bites 2022	pkg	300	210	10	210	4.00	3.60	20.0	1000	0.0	11	4.0	36.0	7.0	1.00	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	1	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	299	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			364	25	360	6.00	3.78	380.0	1550	123.60	31 34.1%	13.00 14.3%	58.00 63.7%	9.50 23.5%	2.50 6.2%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Fri - 04/11/2025																
PRE-K BIC # 2	Total	300														
Yogurt,Straww/crack-DW '24PSBK	SERVING	300	290	5	245	2.00	2.00	585.0	30	0.0	35	7.0	59.0	3.0	0.50	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	1	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	299	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			441	20	396	2.41	2.13	941.4	576	1.84	56 51.2%	16.29 14.8%	80.89 73.4%	5.66 11.6%	2.05 4.2%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Weighted Average			402	39	397	4.21	4.24	505.6	837	33.57	44 98.0%	14.08 14.0%	68.19 67.9%	8.20 18.4%	3.03 6.8%	0.00 0.0%
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Rialto Unified School District

Apr 7, 2025 thru Apr 11, 2025

Base Menu Spreadsheet

PRE-K BIC # 2

Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Calories	402		350 - 500		100%												
Cholesterol (mg)	39																
Sodium 1 (mg)	397		540		74%												
Fiber (g)	4.21																
Iron (mg)	4.24																
Calcium (mg)	505.6																
Vitamin A (IU)	837																
Sugars (g)	44	43.55%															
Vitamin C (mg)	33.57																
Protein (g)	14.08	14.01%															
Carbohydrate (g)	68.19	67.86%															
Total Fat (g)	8.20	18.36%	<=30.00%														
Saturated Fat (g)	3.03	6.79%	<10.00%														
Trans Fat ¹ (g)	0.00	0.00%															

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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Apr 14, 2025 thru Apr 18, 2025

PRE-K BIC # 2

Generated on: 4/2/2025 8:34:13 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 04/14/2025																
PRE-K BIC # 2	Total	300														
Muffins, Blue-Buena Vista 22	1 ea	300	230	25	240	2.00	1.80	20.0	85	0.0	17	4.0	39.0	7.0	1.00	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	1	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	299	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			460	40	390	5.00	1.80	370.0	705	0.00	55 47.8%	13.00 11.3%	81.00 70.4%	9.50 18.6%	2.50 4.9%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Tue - 04/15/2025																
PRE-K BIC # 2	Total	300														
Waffles, Strawberry	pkg	300	230	35	310	2.00	1.00	8.0	0	0.0	11	5.0	34.0	9.0	1.50	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	1	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	299	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			381	50	461	2.41	1.13	364.4	546	1.84	32 34.1%	14.29 15.0%	55.89 58.7%	11.66 27.6%	3.05 7.2%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Wed - 04/16/2025																
PRE-K BIC # 2	Total	300														
Muffins, Banana-Buena Vista 22	1 ea	300	230	20	200	2.00	1.80	20.0	80	0.0	16	4.0	39.0	7.0	1.00	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	1	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	299	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00

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PRE-K BIC # 2

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			389	35	350	3.93	1.80	370.0	614	0.00	37 37.8%	13.00 13.4%	62.64 64.5%	9.50 22.0%	2.50 5.8%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Thu - 04/17/2025																
PRE-K BIC # 2	Total Bowl (28 Grams)	300														
CEREAL,MULTI-GRAIN CHEER IOS'24		300	110	0	105	2.00	12.60	100.0	300	3.6	6	2.0	23.0	1.0	0.00	0.00
APPLES,Fresh sliced	pkg. (2oz)	1	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh sliced	pkg. (2oz)	299	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			264	15	255	4.00	12.78	460.0	850	127.20	26 39.4%	11.00 16.7%	45.00 68.2%	3.50 11.9%	1.50 5.1%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Fri - 04/18/2025																
PRE-K BIC # 2	Total SERVING	300														
Yogurt,Straww/crack-DW '24PSBK		300	290	5	245	2.00	2.00	585.0	30	0.0	35	7.0	59.0	3.0	0.50	0.00
Orange juice, DW, 4oz.2024	1 EACH	1	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
Orange juice, DW, 4oz.2024	1 EACH	299	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			465	20	409	2.00	2.00	945.0	630	30.00	63 54.2%	17.00 14.6%	87.00 74.8%	5.50 10.6%	2.00 3.9%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Weighted Average			392	32	373	3.47	3.90	501.9	669	31.81	43 98.0%	13.66 13.9%	66.31 67.7%	7.93 18.2%	2.31 5.3%	0.00 0.0%
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Rialto Unified School District

Apr 14, 2025 thru Apr 18, 2025

Base Menu Spreadsheet

PRE-K BIC # 2

Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Calories	392		Weekly Target	350 - 500	100%												
Cholesterol (mg)	32																
Sodium 1 (mg)	373			540	69%												
Fiber (g)	3.47																
Iron (mg)	3.90																
Calcium (mg)	501.9																
Vitamin A (IU)	669																
Sugars (g)	43	43.55%															
Vitamin C (mg)	31.81																
Protein (g)	13.66	13.95%															
Carbohydrate (g)	66.31	67.71%															
Total Fat (g)	7.93	18.23%		<=30.00%													
Saturated Fat (g)	2.31	5.31%		<10.00%													
Trans Fat ¹ (g)	0.00	0.00%															

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Apr 21, 2025 thru Apr 25, 2025

PRE-K BIC # 2

Generated on: 4/2/2025 8:34:26 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 04/21/2025																
PRE-K BIC # 2	Total	300														
Muffins, Choc.-20th Cent '24	1 ea	300	230	60	370	3.00	1.00	21.4	0	0.0	17	5.0	34.0	8.0	2.00	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	1	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	299	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
MILK, 1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			460	75	520	6.00	1.00	371.4	620	0.00	55 47.8%	14.00 12.2%	76.00 66.1%	10.50 20.5%	3.50 6.8%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Tue - 04/22/2025																
PRE-K BIC # 2	Total	300														
Burrito, Brk, Egg & Sausage '25	1 each	300	208	46	399	3.31	2.01	122.6	64	0.99	2	10.35	24.79	7.46	2.53	0.00
GRAPES, Fresh PKG '23	serv. (1/2 cup)	1	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES, Fresh PKG '23	serv. (1/2 cup)	299	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK, 1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			359	61	550	3.72	2.14	479.1	610	2.83	23 25.8%	19.64 21.9%	46.68 52.0%	10.12 25.4%	4.08 10.2%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Wed - 04/23/2025																
PRE-K BIC # 2	Total	300														
Waffles, Fun N Fruti '24	pkg	300	210	35	290	2.00	1.08	8.0	0	0.0	10	5.0	31.0	8.0	1.50	0.00
BANANAS	1 EACH	1	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
BANANAS	1 EACH	299	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
MILK, 1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			420	50	441	4.63	1.34	363.1	565	8.79	36 34.6%	15.10 14.4%	68.07 64.8%	10.83 23.2%	3.11 6.7%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 2

Apr 21, 2025 thru Apr 25, 2025

PRE-K BIC # 2

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 04/24/2025																
PRE-K BIC # 2	Total	300														
CEREAL,MULTI-GRAIN CHEER IOS'24	Bowl (28 Grams)	300	110	0	105	2.00	12.60	100.0	300	3.6	6	2.0	23.0	1.0	0.00	0.00
APPLES,Fresh sliced	pkg. (2oz)	1	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh sliced	pkg. (2oz)	299	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			264	15	255	4.00	12.78	460.0	850	127.20	26 39.4%	11.00 16.7%	45.00 68.2%	3.50 11.9%	1.50 5.1%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Fri - 04/25/2025																
PRE-K BIC # 2	Total	300														
Yogurt,Straww/crack-DW '24PSBK	SERVING	300	290	5	245	2.00	2.00	585.0	30	0.0	35	7.0	59.0	3.0	0.50	0.00
Juice, apple 4oz. DW-2024	1 EACH	1	55	0	15	0.00	0.00	0.0	0	30.0	15	0.0	15.0	0.0	0.00	0.00
Juice, apple 4oz. DW-2024	1 EACH	299	55	0	15	0.00	0.00	0.0	0	30.0	15	0.0	15.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			465	20	410	2.00	2.00	935.0	530	30.00	64 55.1%	16.00 13.8%	88.00 75.7%	5.50 10.6%	2.00 3.9%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Weighted Average			394	44	435	4.07	3.85	521.7	635	33.76	41 93.6%	15.15 15.4%	64.75 65.8%	8.09 18.5%	2.84 6.5%	0.00 0.0%
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Rialto Unified School District

Apr 21, 2025 thru Apr 25, 2025

Base Menu Spreadsheet

PRE-K BIC # 2

Portion Values - Detailed

Page 3

Generated on: 4/2/2025 8:34:26 AM

Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Calories	394		Weekly Target		% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)								
Cholesterol (mg)	44		350 - 500		100%												
Sodium 1 (mg)	435			540	81%												
Fiber (g)	4.07																
Iron (mg)	3.85																
Calcium (mg)	521.7																
Vitamin A (IU)	635																
Sugars (g)	41	41.58%															
Vitamin C (mg)	33.76																
Protein (g)	15.15	15.40%															
Carbohydrate (g)	64.75	65.81%															
Total Fat (g)	8.09	18.50%			<=30.00%												
Saturated Fat (g)	2.84	6.49%			<10.00%												
Trans Fat ¹ (g)	0.00	0.00%															

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Rialto Unified School District

Apr 28, 2025 thru Apr 30, 2025

Base Menu Spreadsheet

PRE-K BIC # 2

Portion Values - Detailed

Page 1

Generated on: 4/2/2025 8:34:53 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat' (g)
Mon - 04/28/2025															
PRE-K BIC # 2	Total	300													
Croissant,Sausage & Cheese '25	1 Each	300	222	35	406	2.20	1.61	154.3	182	0.0	3	12.14	18.28	11.3	0.16
Craisins, Watermelon	serv. (1.16 oz)	1	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00
Craisins, Watermelon	serv. (1.16 oz)	299	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	0.00
Weighted Daily Average % of Calories			452	50	556	5.20	1.61	504.3	802	0.00	41 35.8%	21.14 18.7%	60.28 53.3%	13.80 27.5%	0.16 0.3%
Nutrient Guideline			350-500		540									<=30.0	

Tue - 04/29/2025															
PRE-K BIC # 2	Total	300													
Snack'n Waffles, Cinnamon	pkg	300	250	44	290	2.00	1.44	30.0	75	0.0	15	6.0	37.0	9.0	0.00
GRAPES,Fresh PKG '23	serv.(1/2 c up)	1	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.00
GRAPES,Fresh PKG '23	serv.(1/2 c up)	299	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	0.00
Weighted Daily Average % of Calories			401	59	441	2.41	1.57	386.4	621	1.84	36 36.4%	15.29 15.3%	58.89 58.8%	11.66 26.2%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	

Wed - 04/30/2025															
PRE-K BIC # 2	Total	300													
Sndwich Chx & Sausage 2020	serving	300	159	26	312	1.40	1.10	110.0	110	0.0	2	9.7	16.0	6.4	0.00
Crisps, Apple-Strawberry '22	BAG (0.34 oz)	1	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00
Crisps, Apple-Strawberry '22	BAG (0.34 oz)	299	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	0.00

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Rialto Unified School District

Apr 28, 2025 thru Apr 30, 2025

Base Menu Spreadsheet

PRE-K BIC # 2

Portion Values - Detailed

Page 2

Generated on: 4/2/2025 8:34:53 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			318	41	462	3.33	1.10	460.0	644	0.00	23	18.70	39.64	8.90	0.00
% of Calories											28.4%	23.6%	49.9%	25.2%	0.0%
Nutrient Guideline			350-500		540									<=30.0	

Weighted Average			390	50	486	3.65	1.43	450.2	689	0.61	33	18.38	52.94	11.45	0.05
											76.5%	18.8%	54.3%	26.4%	0.1%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	390		350 - 500	100%				
Cholesterol (mg)	50							
Sodium 1 (mg)	486		540	90%				
Fiber (g)	3.65							
Iron (mg)	1.43							
Calcium (mg)	450.2							
Vitamin A (IU)	689							
Sugars (g)	33	34.01%						
Vitamin C (mg)	0.61							
Protein (g)	18.38	18.84%						
Carbohydrate (g)	52.94	54.26%						
Total Fat (g)	11.45	26.42%	<=30.00%					
Trans Fat ¹ (g)	0.05	0.12%						

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